



UConn 4-H Developing Lifelong Skills for Youth

UConn 4-H helps youth ages 5–18 develop leadership, life skills, and confidence through hands-on learning in STEM, healthy living, agriculture, and civic engagement. With the support of dedicated volunteers, we empower over 22,500 youth annually to become productive, community-minded leaders of tomorrow. Adult volunteers serve as project evaluators, advisors, project leaders, and educational facilitators. These short and long-term contributions help youth become *Beyond Ready*, reaching their full potential.

BY THE NUMBERS



22k+

youth participants



14k+

STEM projects completed



477

youth practiced civic engagement



470

youth held elected leadership roles in 4-H

BEHAVIORAL IMPACTS

LEADERSHIP & LIFE SKILLS



2,900

youth improved communication, leadership, and life skills

116%

increase in the number of youth who practiced leadership skills

INCREASED KNOWLEDGE



1,425

youth demonstrated subject matter knowledge gain

85%

increase in youth who demonstrated knowledge gain

“

4-H has shaped me in more ways than I could ever imagine. I've learned life skills, leadership, and the value of giving back to my community.”

UConn 4-H Youth, Fairfield County



UConn 4-H PROVIDES LIFE TRANSFORMATIVE EXPERIENCES. YOUTH THAT JOIN 4-H CHOOSE WHAT SPARKS THEIR INTEREST.

Here are some examples of hands-on learning opportunities available:

- Exploring the environment and nature.
- Growing food with all types of gardens.
- Learning about technology and robotics.
- Developing photography, public speaking, or drama skills.
- Animal science and caring for animals.
- Career and college exploration opportunities.

Youth can join a club, be an independent member, attend 4-H Camp, participate in field trips, or demonstrate their new skills at a 4-H Fair. In the process, they meet new friends, solve problems, and make a difference in their neighborhood. Our program alumni make positive impacts in their communities, careers, and families.

4-H has access to research-based, age-appropriate information through UConn that is needed to help youth reach their full potential. The mission of 4-H is to assist all youth ages 5-18 in acquiring knowledge, developing leadership and life skills while forming attitudes that will enable them to become self-directing, productive and contributing members of their families and communities. UConn Extension administers the 4-H program.



Beyond Ready

For more information, visit us at:

s.uconn.edu/4-h

(9-2025) Data is based on 2024 program information. The University of Connecticut complies with all applicable federal and state laws regarding non-discrimination, equal opportunity and affirmative action, including the provision of reasonable accommodations for persons with disabilities. Extension program participants with disabilities may request reasonable accommodations to address limitations resulting from a disability. For more information, please contact the UConn Extension Civil Rights Liaison at extensioncivilrights@uconn.edu.